

New Images Youth and Community Centre

2022 PROGRAMME – JANUARY, FEBRUARY & MARCH

Telephone: 01606 593724

Email: office@wycf.co.uk

Address: New Images Youth and Community Centre, Nixon Drive, CW7 2HG

Current covid restrictions:

Masks worn around the premises and hands sanitised upon arrival

MONDAY

Name	Description	Age group	Date & Time	Booking
Winsford Colts	Football training sessions for children aged 3 to 4 years old. From a young age become a part of a team and learn some footie skills.	3 to 4 years	Weekly 6:00pm – 7:00pm	Book online at: Winsfordcoltsfc.co.uk
MMA	A range of martial arts and fitness classes available for both children and adults, offered throughout the week.	Open to anyone	Various times available	For more info call 07805077308

TUESDAY

Name	Description	Age group	Date & Time	Booking
Cheshire Dance	Join the Spotlight Project, create some moves & try out some creative workshops.	Highschool ages	Weekly 6:30pm – 8:00pm	Book online at: Cheshiredance.org
Baby Ballet and Tap	Sessions available for boys and girls from 6 months to 6 years. A fun musical playtime with singing, mime, toys, and movement.	6 months to 6 years	Weekly 9:30am – 11:30am	Book online at: Babyballet.co.uk
Action For Leisure	A social club for adults with additional needs. Enjoy Arts & Crafts, sports and games, music/dancing, and pool tournaments. Tuck shop and refreshments available!	18 years and older	Weekly 6:30pm – 8:30pm	No booking required £1.50 entrance fee
Chatterbox Café	Open Tuesday and Thursday, The Chatterbox Café provides a hot, healthy meal and a friendly atmosphere each lunchtime. Everyone welcome!	Open to anyone	Weekly 10:00am – 1:30pm	No booking required
Zumba with Jo	Delivered every Tuesday evening, these sessions offer an entertaining way to keep fit and have fun.	Open to anyone	Weekly 6:00pm – 7:00pm	Contact Jo via Facebook for further details
Brightlife	A social group for older people to enjoy a cuppa, a natter, and the odd quiz every Tuesday.	Older Adults	Weekly 11:00am – 1:00pm	(Referral) Julia tel: 07788 827370 Alison tel: 07810 006261
Smoking Cessation	Run through Brio, these sessions help support people who want to quit smoking!	Open to anyone	Weekly 9:00am – 11:00am	(Referral) Call 03007 770033 for details
Self Defense Classes [NEW]	Self defence and personal safety classes for teens and young women. FREE 6 week course!	13 to 18 years	Start Date 1 st March End Date 5 th April 7:15pm – 8:15pm	To book a place email: inspirecheshire@motherwellcheshirecio.com

WEDNESDAY

Name	Description	Age group	Date & Time	Booking
Menopause Café	This café is aimed at breaking down the taboo around menopause.	Open to all ages and genders	Every fortnight 1:00pm – 2:30pm Start Date 19 th January	Contact one of the Motherwell team on 01606 557666

Parents CBT group	A 7-week group course in which parents and carers are supported to learn ways to support children who are experiencing moderate anxiety.	For parents of children experiencing anxiety	Start Date 19 th January End Date 2 nd March 6:30pm – 9:00pm	Places are limited and will require a completed referral form from the parent. These can either be sent via email or dropped off at our Nixon Drive office
Little Monkeys [NEW]	Come along to a friendly Baby and toddler group where your little monkey can have heaps of fun!	Baby and Toddler	Weekly 10:00am – 12:00am Start Date 2 nd February (Term Time)	No booking required £1.50 entrance fee (Includes hot drink and refreshments)
WVRC Digital skills	Hosted by Warrington and Vale Royal College, these digital skills taster sessions will help teach a variety of abilities, from getting the most out of your smart phone camera to online safety and more. Every week for 4 weeks.	Open to anyone	To enroll please telephone 01925 494400 and quote the provided code if asked. Please bring your own SMART device to the session.	
			2nd February 1:00pm-3:00pm	CONXX1AR01
			9th February 1:00pm-3:00pm	CUMXX1AR01
16th February 1:00pm-3:00pm	CSPXX1AR01			
MMA	A range of martial arts and fitness classes available for both children and adults, offered throughout the week.	Open to anyone	Various times available	For more info call 07805 077308

THURSDAY

Name	Description	Age group	Date & Time	Booking
Chatterbox Café	Open Tuesday and Thursday, The Chatterbox Café provides a hot, healthy meal and a friendly atmosphere each lunchtime. Everyone welcome!	Open to anyone	Weekly 10:00am – 1:30pm	No booking required
Boxing Tots	Non-contact boxing classes for children aged 3 to 7 years. Learn to box through play!	3 to 7 years	Weekly Session 1: 4:00pm – 5:00pm Session 2: 5:00pm – 6:00pm	Book online at: boxingtots.com
Laughter Tots	Babies up to walking are welcome to engage in a range of sensory, craft and messy play sessions.	Babies up to walking	Weekly 9:30am – 12:00am	Book online at: Laughtertots.co.uk
Messy Little Monkey's [NEW]	Themed messy play sessions (held on a monthly basis) for children aged from 6 months to 3 years. Opportunity for a coffee and a chat following session.	6 months to 3 years	17th February (Valentine's theme) 1:00pm – 2:00pm	Contact Kerry on 07544 752403 to book £4 per child, payment on booking Limited space available

FRIDAY

Name	Description	Age group	Date & Time	Booking
Junior Club	Delivered on a Friday evening, these sessions are for children aged from 9 to 11 years old. Great fun and great atmosphere with a range of activities to take part in. Tuck Shop available.	8 to 11 years	Weekly 7:00pm – 9:00pm	Registration form to be completed by parent in advance of first session. 50p entrance fee.
Messy Little Monkey's [NEW]	Themed messy play sessions (held on a monthly basis) for children aged from 6 months to 3 years. Opportunity for a coffee and a chat following session.	6 months to 3 years	11th March (Spring theme) 10:00am – 11:00am	Contact Kerry on 07544 752403 to book £4 per child, payment on booking Limited space available
MMA	A range of martial arts and fitness classes available for both children and adults, offered throughout the week.	Open to anyone	Various times available	For more info call 07805 077308

SATURDAY

Name	Description	Age group	Date & Time	Booking
Senior Club	Aimed those aged from 12 to 18 years, this provision is delivered on a Saturday evening. Fun activities in a safe and warm environment. Tuck Shop available.	12 to 18 years	Weekly 7:00pm – 9:00pm	Registration form to be completed by parent in advance of first session. 50p entrance fee.
Winsford School of Drama	Provides affordable acting/performance training for children and young adults.	For children and young adults	Weekly 11:00am – 2:30pm	07930 253986

SUNDAY

Name	Description	Age group	Date & Time	Booking
Cuban Salsa	Come along and dance to the latest Latin American tunes, learn the basic steps of Cuban salsa and progress to the improvers class.	16 years and older	Weekly 7:00pm – 8:00pm	For further information contact Dianne on 07729 964761
Diddikicks	Top rated and the largest football club in the Northwest that engages, encourages, and inspires toddlers to grow.	Toddlers	Weekly 8:45am – 1:00pm	Book online at: Diddikicks.co.uk
Sunday Lunch club	Join us for the last Sunday of every month for a tasty and friendly lunch club!	Open to anyone	30th January 12:00pm – 2:00pm	No booking required
			27th February 12:00pm – 2:00pm	
			27th March 12:00pm – 2:00pm	
Bingo	A fun filled evening of Prize bingo. Everyone welcome!	Open to anyone	20th February Doors open: 6.30PM Eyes Down: 7.00PM	No booking required

Workshops

Name	Description	Age group	Date & Time	Booking
Cheshire Young Carers	Sessions available for young people aged 6 to 14 years who have caring responsibilities. A place for relaxation and fun!	6 to 14 years	Various	For more info call Cheshire Young Carers on 01513 56 3176
Motherwell	Offering a range of counselling services and a variety of workshops that include wellbeing and creative activities.	Open to anyone	Various	Contact one of the Motherwell team on 01606 557666

Party Bookings & Room Hire

In support of WYCF and the local community, we are able to hire out several of our rooms for various activities throughout the year. These activities include children's parties, workshops, 1 to 1 sessions, training and much more!
For any enquiries or booking arrangements please contact us by phone or email.

Winsford Youth & Community Forum is working with and on behalf of children, young people, and adults throughout Winsford and the surrounding area by providing activities, projects, facilities, and services for all – regardless of age, to assist them via community interaction, involvement, and development by working in partnership with other organisations and agencies.

For further information on our facilities, what is on offer, and general inquiries, please contact us on:

Telephone: 01606 593724

Email: office@wycf.co.uk